

Health and Wellness Program Activities Calendar October 2024

Activities subject to change.
Contact Beneficiary Services for confirmation.
1-844-336-3331 (free of charge)
787-999-4411 TTY (audio-disabled)
Monday to Friday from 7:00 a.m. at 7:00 p.m.

Event	Date	Time	Place	Description
Opoids	10/1/2024	8:30 AM	8803_Corporacion Medica Juana Diaz Inc Calle Comercio 16 Juana Diaz, 00795	Educational Activity
Diabetes and its Complications	10/1/2024	8:30 AM	7625_Costa Este Medical Services Corp Fajardo F 4 Ave Principal Urb Baralt Fajardo, 00738	Educational Activity
Personal Hygiene	10/1/2024	8:45 AM	ESCUELA_Antonio Paoli Calle Reina Final Ponce, 00716	Educational Activity
Newborn care	10/1/2024	9:00 AM	7644_Concilio de Salud Integral de Loiza- Ginecología Carr 188 Int 187 Loiza, 00772	Educational Activity
Diabetes and its Complications	10/1/2024	9:30 AM	7650_Servicios Medicos Integrados de Fajardo Ave Osvaldo Molina Esq General Valero (a) Fajardo, 00738	Educational Activity

Event	Date	Time	Place	Description
Gestational Diabetes	10/1/2024	9:30 AM	OBGYN_Clinicas MIC Recinto Ciencias Medicas San Juan, 00902	Educational Activity
Prevention of Suicide	10/1/2024	10:30 AM	3406_Policlinicas Medicas Asociadas El Monte Town Center El Monte Town Center Carr 14 Suite 115 Ponce, 00716	Educational Activity
Take Control of your Depression	10/2/2024	8:00 AM	7611_Medicos Aliados del Noreste-Dr Jose Peña Figueroa Centro Clinico del Yunque Calle 4 K 2 Villas del Rio Grande Rio Grande, 00721	Educational Activity
Diabetes and its Complications	10/2/2024	8:30 AM	HOSP_Dr Federico Trillas Dermatologia Carr 3 Km 8 Hm 3 Ave 65 Infanteria Carolina, 00979	Educational Activity
Flu	10/2/2024	9:30 AM	MH_Clinica Multidisciplinaria INSPIRA Rio Grande Las Flores Industrial Park Carr 3 Km 23 Hm9 Rio Grande, 00721	Educational Activity

Event	Date	Time	Place	Description
Diabetes and its Complications	10/2/2024	9:30 AM	HOSP_Dr Federico Trillas Urologia Carretera 3 Km 8 Hm 3 Ave 65 Infanterria Carolina, 00979	Educational Activity
Preeclampsia	10/2/2024	10:30 AM	OBGYN_Dr Sara Montalvo Medina Carr 14 Plaza Las Monjitas Ponce, 00716	Educational Activity
Flu	10/3/2024	8:30 AM	7623_Physician Hmo Inc Carolina Shopping Court Suite 201 Carolina, 00979	Educational Activity
Hyperthension	10/3/2024	8:30 AM	7611_Medicos Aliados del Noreste-Dr Jose Peña Figueroa Centro Clinico del Yunque Calle 4 K 2 Villas del Rio Grande Rio Grande, 00721	Educational Activity
Opioids	10/3/2024	8:30 AM	MH_Cima Menonita Aibonito Calle Sargento Gerardo Santiago Num 15 Int Carr 14 Aibonito, 00705	Educational Activity

Event	Date	Time	Place	Description
Personal Hygiene	10/3/2024	8:30 AM	ESCUELA_Rodolfo del Valle Ave Tito Castro Carr 14 Ponce, 00716	Educational Activity
Urgency vs. Emergency	10/3/2024	9:00 AM	MH_Clinica Multidisciplinaria INSPIRA Rio Grande Las Flores Industrial Park Carr 3 Km 23 Hm9 Rio Grande, 00721	Educational Activity
Hypertension	10/3/2024	9:30 AM	7623_Physician Hmo Inc Carolina Shopping Court Suite 201 Carolina, 00979	Educational Activity
Newborn care	10/3/2024	9:30 AM	7650_Servicios Medicos Integrados de Fajardo-Dr Carlos Pacheco Imbert Ave Osvaldo Molina Esq General Valero (b) Fajardo, 00738	Educational Activity
Prevention of Suicide	10/3/2024	10:30 AM	GOV_Departamento de la Familia Aibonito Calle 5 Sgto Gerardo Santiago 7 Aibonito, 00705	Educational Activity

Event	Date	Time	Place	Description
Hyperthension	10/4/2024	8:30 AM	7636_Instituto Medico Familiar Carolina Calle Ignacio Arzuaga 105 Esquina San Rafael Carolina, 00979	Educational Activity
Breastfeeding	10/4/2024	9:30 AM	0008_Aco Del Norte LCC-Dr Luis Mateo Paseo Atenas Manati, 00674	Educational Activity
Hyperthension	10/4/2024	9:30 AM	MH_Clinica Multidisciplinaria INSPIRA Carolina Carolina Business Center 23 Carr 848 Esq 847 Carolina, 00979	Educational Activity
Take Control of your Depression	10/7/2024	8:00 AM	7620_Neomed Center Inc Urb Lago Alto Calle Carite 130 Trujillo Alto, 00976	Educational Activity
Take Control of your Depression	10/7/2024	8:30 AM	7636_Instituto Medico Familiar Carolina Calle Ignacio Arzuaga 105 Esquina San Rafael Carolina, 00979	Educational Activity

Event	Date	Time	Place	Description
Opoids	10/7/2024	8:30 AM	MH_Clinica Multidisciplinaria INSPIRA Coamo Plaza Shopping Center Carr 150 Km 0 Hm 7 Bo Ildefonso Coamo, 00769	Educational Activity
Opoids	10/7/2024	8:30 AM	8809_Southern Health Care Group Inc Guayama Calle 3 80 Sur Southern Medical Plaza Guayama, 00784	Educational Activity
Take Control of your Depression	10/7/2024	8:45 AM	7620_Neomed Center Inc Urb Lago Alto Calle Carite 130 Trujillo Alto, 00976	Educational Activity
Newborn care	10/7/2024	9:00 AM	7644_Concilio de Salud Integral de Loiza en Rio Grande- Ginecología Bo Las Flores Calle Pimentel #16 Rio Grande, 00721	Educational Activity
Prenatal Care in Times Emergency	10/7/2024	9:00 AM	OBGYN_Dr Jose Martinez Campos 5 Hostos Juana Diaz, 00795	Educational Activity

Event	Date	Time	Place	Description
Opoids	10/7/2024	9:30 AM	7620_Neomed Center Inc Urb Lago Alto Calle Carite 130 Trujillo Alto, 00976	Educational Activity
Hypertension	10/7/2024	9:30 AM	MH_Clinica Multidisciplinaria INSPIRA Carolina Carolina Business Center 23 Carr 848 Esq 847 Carolina, 00979	Educational Activity
Gestational Diabetes	10/7/2024	9:30 AM	OBGYN_Clinicas MIC Recinto Ciencias Medicas San Juan, 00902	Educational Activity
Education Table-General Health	10/7/2024	10:15 AM	7620_Neomed Center Inc Urb Lago Alto Calle Carite 130 Trujillo Alto, 00976	Educational Table
Attention Deficit Disorder and Hyperactivity	10/7/2024	10:15 AM	MH_Clinica Multidisciplinaria INSPIRA Guayama Calle Marginal 706 Locales 221 222 223 Guayama, 00784	Educational Activity

Event	Date	Time	Place	Description
Prevention of Suicide	10/7/2024	10:30 AM	8827_De Medicos Primarios Corp Calle Betances 14 Santa Isabel, 00757	Educational Activity
Newborn care	10/7/2024	12:00 PM	7625_Costa Este Medical Services Corp CDT Calle Corchado Final Canovanas, 00729	Educational Activity
Prevention of Suicide	10/8/2024	8:30 AM	8809_Southern Health Care Group Inc Guayama Calle 3 80 Sur Southern Medical Plaza Guayama, 00784	Educational Activity
Importance of Preventive Dental Exam	10/9/2024	8:30 AM	ESCUELA_Ana Valdejully Calle Luis Muñoz Rivera Carr 1 Bo Jauca Santa Isabel, 00757	Educational Activity
Woman Alert	10/8/2024	8:30 AM	8803_Corporacion Medica Juana Diaz Inc Calle Comercio 16 Juana Diaz, 00795	Educational Activity

Event	Date	Time	Place	Description
Breastfeeding	10/8/2024	9:30 AM	0008_Aco Del Norte LLC-Dr Jorge Otero Quintana Edif Dr Pedro Blanco Lugo Suite 305 Manati, 00674	Educational Activity
Newborn care	10/8/2024	10:00 AM	Oficina_Dra Marisol Maldonado Hospital Ryder Font Martelo 355 Humacao, 00791	Educational Activity
Opoids	10/8/2024	10:15 AM	3406_Policlinicas Medicas Asociadas El Monte Town Center El Monte Town Center Carr 14 Suite 115 Ponce, 00716	Educational Activity
Opoids	10/8/2024	10:30 AM	MH_Clinica Multidisciplinaria INSPIRA Guayama Calle Marginal 706 Locales 221 222 223 Guayama, 00784	Educational Activity
Attention Deficit Disorder and Hyperactivity	10/9/2024	8:30 AM	MH_Clinica Multidisciplinaria INSPIRA Coamo Plaza Shopping Center Carr 150 Km 0 Hm 7 Bo Ildefonso Coamo, 00769	Educational Activity

Event	Date	Time	Place	Description
Gestational Diabetes	10/9/2024	9:30 AM	OBGYN_Dr Edward Gomez Torres Guayama Edif Dr Moro Calle Enrique Gonzalez Esq Calle Calimano Martinez Guayama, 00784	Educational Activity
Gestational Diabetes	10/9/2024	9:30 AM	HOSP_Dr Federico Trillas Sala de Espera Carretera 3 Km 8 Hm 3 Ave 65 Infanterria Carolina, 00979	Educational Activity
Take Control of your Depression	10/9/2024	10:15 AM	8827_De Medicos Primarios Corp Calle Betances 14 Santa Isabel, 00757	Educational Activity
Gestational Diabetes	10/9/2024	1:00 PM	OBGYN_Dr Edward Hernandez Guayama Hospital San Lucas Ave Albizu Campos Urb La Hacienda Guayama, 00784	Educational Activity
Keep Healthy in 7 Steps	10/10/2024	8:00 AM	MH_Clinica Multidisciplinaria INSPIRA Carolina Carolina Business Center 23 Carr 848 Esq 847 Carolina, 00979	Educational Activity

Event	Date	Time	Place	Description
Opoids	10/10/2024	8:30 AM	MH_Cima Menonita Aibonito Calle Sargento Gerardo Santiago Num 15 Int Carr 14 Aibonito, 00705	Educational Activity
Prenatal Care in Times Emergency	10/10/2024	9:00 AM	8831_Salud Integral en la Montaña Inc Orocovis Ginecologia Ave Luis Muñoz Marin Sector El Desvio Carr 155 (b) Orocovis, 00720	Educational Activity
Take Control of your Depression	10/10/2024	10:00 AM	7629_Family Medicine Group Ave. Roberto Clemente Blq. 124 8 Villa Carolina Carolina, 00979	Educational Activity
Woman Alert	10/10/2024	10:15 AM	MH_Cima Menonita Orocovis State Road Hospital 15 Orocovis, 00720	Educational Activity
Nutrition in Pregnancy	10/14/2024	10:00 AM	OBGYN-Dr. Osvaldo B. Quiles Giovannetti Condominio Medical Center Plaza 740 Ave Hostos Mayaguez, 00680	Educational Activity

Event	Date	Time	Place	Description
Handwashing	10/15/2024	8:30 AM	ESCUELA_Dr Jose Celso Barbosa Calle Guadalupe Bo Pueblo Ponce, 00716	Educational Activity
Take Control of your Depression	10/15/2024	8:30 AM	3406_Policlinicas Medicas Asociadas El Monte Town Center El Monte Town Center Carr 14 Suite 115 Ponce, 00716	Educational Activity
Newborn care	10/15/2024	9:00 AM	OBGYN_Clinicas MIC Recinto Ciencias Medicas San Juan, 00902	Educational Activity
Breastfeeding in Time of Emergency	10/15/2024	9:00 AM	OBGYN_Dr Edward Hernandez Guayama Hospital San Lucas Ave Albizu Campos Urb La Hacienda Guayama, 00784	Educational Activity
Gestational Diabetes	10/15/2024	9:30 AM	OBGYN_Clinicas MIC Recinto Ciencias Medicas San Juan, 00902	Educational Activity

Event	Date	Time	Place	Description
Opoids	10/15/2024	10:15 AM	3406_Policlinicas Medicas Asociadas Las Americas Boulevard Luis A Ferre Suite 101 Plazoleta Las Americas Ponce, 00716	Educational Activity
Personal Hygiene	10/16/2024	8:30 AM	ESCUELA_Pedro Colón Santiago Carr 14 Km 11 Bo Jacaguas Juana Diaz, 00795	Educational Activity
Gestational Diabetes	10/16/2024	9:30 AM	HOSP_Dr Federico Trillas Sala de Espera Carretera 3 Km 8 Hm 3 Ave 65 Infanterria Carolina, 00979	Educational Activity
Breastfeeding in Time of Emergency	10/16/2024	10:30 AM	OBGYN_Dr Sara Montalvo Medina Carr 14 Plaza Las Monjitas Ponce, 00716	Educational Activity
Newborn care	10/16/2024	11:00 AM	OBGYN_Dr Ivan Malaret Pol Calle Europa 655 Edificio China San Juan, 00902	Educational Activity

Event	Date	Time	Place	Description
Prevention of Suicide	10/17/2024	8:30 AM	3406_Policlinicas Medicas Asociadas El Monte Town Center El Monte Town Center Carr 14 Suite 115 Ponce, 00716	Educational Activity
Newborn care	10/17/2024	9:00 AM	OBGYN_Clinicas MIC Recinto Ciencias Medicas San Juan, 00902	Educational Activity
Opoids	10/17/2024	10:30 AM	3406_Policlinicas Medicas Asociadas Las Americas Boulevard Luis A Ferre Suite 101 Plazoleta Las Americas Ponce, 00716	Educational Activity
Breastfeeding in Time of Emergency	10/21/2024	9:00 AM	OBGYN_Dr Jose Martinez Campos 5 Hostos Juana Diaz, 00795	Educational Activity
With Good Nutrition You'll Feel So Much Better	10/22/2024	8:30 AM	ESCUELA_Rodulfo del Valle Ave Tito Castro Carr 14 Ponce, 00716	Educational Activity

Event	Date	Time	Place	Description
Depression during Pregnancy	10/22/2024	9:00 AM	OBGYN_Judibelle Rivera 33 Calle Baldorioty Coamo, 00769	Educational Activity
Newborn care	10/22/2024	10:30 AM	OBGYN_Dr Jose Flores Caban San Juan Torre Medica Auxilio Mutuo Suite 710 735 Ave Ponce De Leon San Juan, 00902	Educational Activity
Newborn care	10/23/2024	9:00 AM	OBGYN_Clinicas MIC Recinto Ciencias Medicas San Juan, 00902	Educational Activity
Breastfeeding in Time of Emegency	10/23/2024	9:30 AM	OBGYN_Dr Edward Gomez Torres Guayama Edif Dr Moro Calle Enrique Gonzalez Esq Calle Calimano Martinez Guayama, 00784	Educational Activity
Breastfeeding in Time of Emegency	10/23/2024	1:00 PM	OBGYN_Dr Edward Hernandez Guayama Hospital San Lucas Ave Albizu Campos Urb La Hacienda Guayama, 00784	Educational Activity

Event	Date	Time	Place	Description
Depression during Pregnancy	10/24/2024	9:30 AM	OBGYN_Mogic Hatillo Edif Atlantic View Carr 2 Marginal Bo Carrizales 462 Suite 1 Hatillo, 00659	Educational Activity
Personal Hygiene	10/28/2024	8:30 AM	ESCUELA_Pedro Colón Santiago Carr 14 Km 11 Bo Jacaguas Juana Diaz, 00795	Educational Activity
Newborn care	10/28/2024	9:00 AM	OBGYN_Clinicas MIC Recinto Ciencias Medicas San Juan, 00902	Educational Activity
Depression during Pregnancy	10/28/2024	11:00 AM	OBGYN_Dr Sara Montalvo Medina Carr 14 Plaza Las Monjitas Ponce, 00716	Educational Activity
Newborn care	10/28/2024	1:30 PM	OBGYN_Dr Efrain Vazquez Luna Pavía Medical Plaza 611 Calle Pavía Fernández Suite 205 Santurce San Juan, 00902	Educational Activity

Event	Date	Time	Place	Description
Importance of Prenatal Care	10/29/2024	8:30 AM	OBGYN_Dr Edward Hernandez Guayama Hospital San Lucas Ave Albizu Campos Urb La Hacienda Guayama, 00784	Educational Activity
Depression during Pregnancy	10/29/2024	9:30 AM	0008_Aco Del Norte LLC-Dr Jorge Otero Quintana Edif Dr Pedro Blanco Lugo Suite 305 Manati, 00674	Educational Activity
Prenatal Care in Times Emergency	10/29/2024	10:30 AM	8810_Centro de Servicios Primarios de Salud, Patillas-Área de Obstetricia y Ginecología 99 Calle Guillermo Riefkol Patillas, 00723	Educational Activity